Youth Code of Conduct

As a member of the club, you are expected to abide by the following code. I will:

- Listen to and/or read instructions given to me carefully. Follow all instructions given to me and if I am unclear, ask.
- Make arrangements in advance and stick to them. If, by exception, arrangements have to change I will inform those responsible for me.
- Arrive for training and competitions in good time to prepare properly.
- Wear suitable kit (including a cycling helmet) and clothing for all cycling activity sessions, as agreed with the coach.
- Warm up and cool down properly on all occasions.
- Abide by the rules and respect officials and all their decisions.
- Be a good sport by applauding all good performances, whether they are made by riders from my club or not.
- Control my temper - verbal abuse of anyone; officials and other riders, or deliberately distracting/provoking an opponent is not acceptable or permitted behaviour in any sport.
- Work equally hard for myself and my club.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, disability, cultural background or religion.
- Pay any fees promptly.
- Abide by the rule that youth members should never break the law. So for example, are not allowed to smoke, to consume alcohol or take drugs of any kind on club premises or while representing the club.
- Treat all participants in cycling as I would like to be treated myself - not bullying or taking unfair advantage of another participant.
- Cooperate with my coach, club mates and opponents - remember, without them there would be no competition.
- Thank officials and opponents after competition.